



4.1.1: The institution has adequate infrastructure facilities for

- a. teaching learning. viz., classrooms, laboratories,
- **b.** ICT enabled facilities such as smart classes, LMS etc.
- **c.** Facilities for cultural and sports activities, yoga centre, games (indoor and outdoor) gymnasium, auditorium etc.

INDEX

4.1.1. A	Teaching - Learning. viz., classrooms, laborate Facilities	ories, Academic
METRIC NO.	PAGE NO.	
1	Academic Facility Table/Infrastructure Table	01 – 04
2	Infrastructure Facilities Photos College Room Areas	05 – 27
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4.1.1	. B. ICT enabled facilities such as smart classes	s, LMS etc.
4	ICT enabled other facility table	32 - 38
	The Institution has adequate facilities for cult games (indoor, outdoor), gymnasium, yoga, au	*
5	Gym-Khana Details	39 – 41
6	Sports Details	42 - 53
7	Moot Court Details	54 – 59
8	Legal Aid Clinic Details	60 - 62
9	Yoga Centre Details	63 – 72
10	Cultural Details	73 - 77





4.1.1. A. - Teaching - Learning. viz., classrooms, laboratories, Academic Facilities: -

PARTICULARS	DESCRIPTION	FOR EXISTING INTAKE AVAILABLE
Class Rooms	Good acoustic condition, ergonomically designed classrooms with boards and projectors & Wi-Fi facilities.	11
Seminar/ Auditorium Hall	Seating capacity 200 students with LCD projection and sound system	01
Conference Room	Seating capacity 25 people with all essential facilities	01
Administrative Office	Equipped with all essential facilities	01
Computer Centre/Lab	Equipped with digital library facilities	01
Library & Reading Room	Equipped with digital library facilities	01
Moot Court	Equipped with all essential facilities	01
Legal Aid Clinic	Equipped with all essential facilities	01
Examination Room	Equipped with all essential facilities	01







ACADEMIC FACILITY TABLE

SR. NO.	NAME	TOTAL NUMBER
1	Table	26
2	Chairs	307
3	Benches	446
4	Racks	40
5	Boards	09
6	Notice Boards	09
7	Sofa	02
8	Fans	57
9	Tube lights	91
10	Refrigerator	01
11	Cupboards	30
12	Water Coolers	02
13	Deewan	02
14	Generator	01
15	Air Conditioner	03
16	Music System	01
17	Speakers	07
18	Caller Mice	01







INFRASTRUCTURE FACILITY TABLE:

SR. NO.	NAME	TOTAL NUMBER
1	College Building	01
2	College Building Plan	01
3	Drinking Water	01
4	Fire Extinguisher	06
5	Class Room	11
6	Staff Room	01
7	Auditorium	01
8	Library	01
9	Reading Room	01
10	Record Room	01
11	Rest Room	01
12	Principal Room	01
13	Security Cabin	01
14	Pump House	01
15	Meter Room	01
16	Administrative Office	01
17	Examination Control Room	01
18	Gym-Khana	01
19	Canteen	01
20	Girls Common Room	01
21	Boys Common Room	01
22	Principal Office Goveli Po. Rayate Po. Rayate	01





23	Conference Room	01
24	Moot Court Room	01
25	Legal Aid Clinic	01
26	I T Room	01
27	Toilet	03
28	Sanitary Pad Vending Machine	02
29	Jeevandeep Yoga Court	01
30	Ambulance Facilities	01
31	Borewell Facility	01
32	CCTV Surveillance	21
33	Divyangjan Friendly Washroom	01
34	Divyangjan Friendly Ramp & Rails	01
35	Divyangjan Supporting Bars	06
36	WI-FI Facility	01
37	Wheeling to Gride	01
38	Two-Wheeler Parking	01
39	Staff Parking	02
40	Solid west deposit tank	01
41	Solar Panel	01
42	Solar Path Lights	09
43	Music/Announcement System	02

Goveli. Po. Rayate Tal. Kalyan Dist. Thane 421301





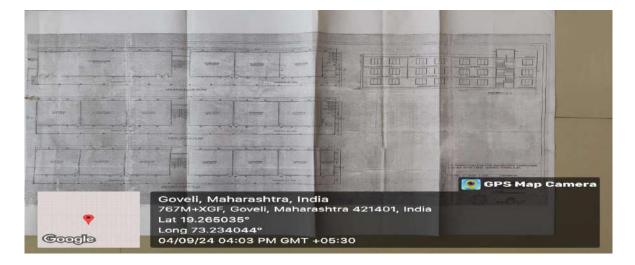
INFRASTRUCTURE FACILITIES:	INFR	ASTR	UCTI	JRE F.	ACIL	ITIES:
----------------------------	------	-------------	------	--------	------	--------







COLLEGE BUILDING



COLLEGE BUILDING PLAN









DRINKING WATER



FIRE EXTINGUSHER









CLASS ROOMS WITH LCD PROJECTORS



STAFF ROOMS









AUDITORIUM



LIBRARY









READING ROOM



RECORD ROOM

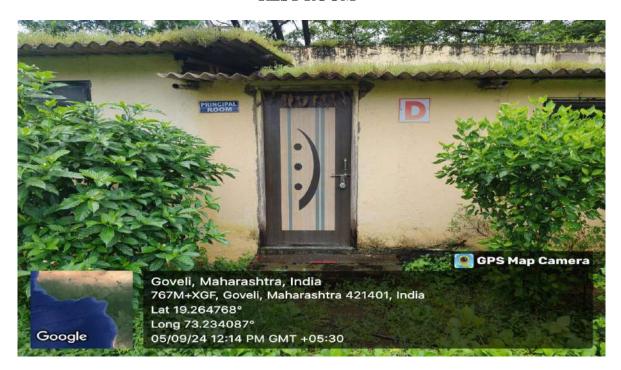








REST ROOM



PRINCIPAL ROOM









SECURITY CABIN



PUMP HOUSE









METER ROOM



ADMINISTRATIVE OFFICE









EXAMINATION CONTROL ROOM



GYMKHANA

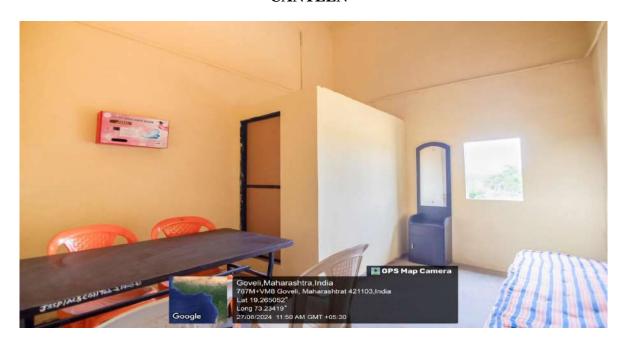








CANTEEN

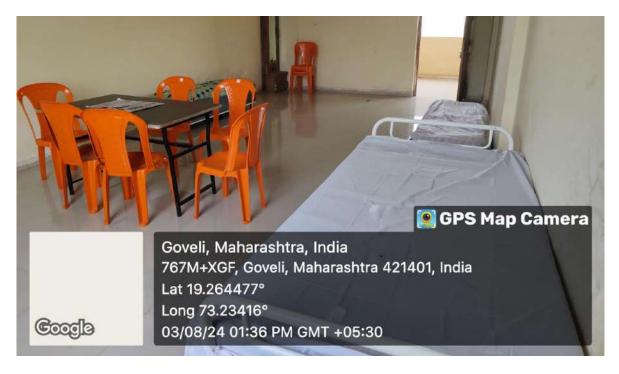


GIRLS COMMON ROOM









BOYS COMMON ROOM



PRINCIPAL OFFICE









CONFERENCE OFFICE



MOOT COURT









LEGAL AID CLINIC



I.T ROOM









TOILET











SANITARY PAD VENDING MACHINE



YOGA COURT

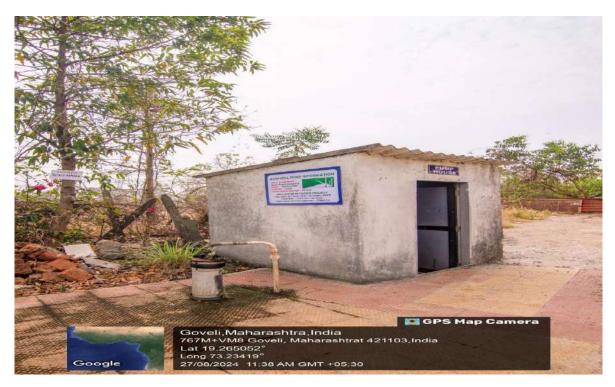








OTHER FACILITIES- AMBULANCE



OTHER FACILITIES-BOREWELL









OTHER FACILITIES-CCTV SURVEILLANCE



OTHER FACILITIES-DIVYANGJAN FRIENDLY WASHROOM









OTHER FACILITIES-DIVYANGJAN FRIENDLY RAMP & RAILS



OTHER FACILITIES-DIVYANGJAN SUPPORTING BARS









OTHER FACILITIES-WI-FI ACCESS

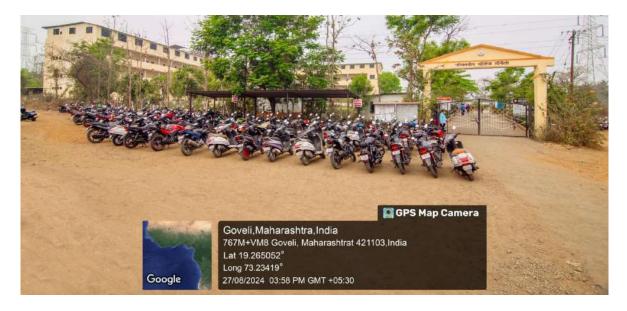


OTHER FACILITIES-WHEELING TO GRID









OTHER FACILITIES-TWO-WHEELER PARKING



OTHER FACILITIES- STAFF PARKING









OTHER FACILITIES- SOLID WASTE DISPOSAL TANK



OTHER FACILITIES- SOLAR PANEL









OTHER FACILITIES- SOLAR PATH LIGTHTS



OTHER FACILITIES- MUSIC/ANNOUNCEMENT SYSTEM







4.1.1.A

JEEVANDEEP LAW COLLEGE, GOVELI.

INFRASTRUCTURE ROOM & AREAS (Sq. Ft.) TABLE





Room NO.	Name of the Room	Length & Width	Area (Sq.ft.)	Area (Sq.m.)
		GROUND FLO	OR	
	Staircase	10 X 13	130	12.07
	Library	38 X 38	1444	134.15
	Reading Room	28 ½ X 38	1083	100.61
	Pantry	10½ X 15	157	14.58
		28½ X 38½	812	75.43
	Passage	40 X 10	400	37.16
	Stage	27 X 16	432	40.13
	Auditorium	87 X 38	3306	307
	Stage	20 X 31	620	57.59
		FIRST FLOO	R	
	Staircase	10 X 13	130	12.07
101	F.Y.LL.B. (Div. A)	28½ X 28½	812	75.43
102	F.Y. LL.B. (Div. B)	28½ X 28½	812	75.43
103	S.Y. LL.B. (Div. A)	28½ X 28½	812	75.43
104	S.Y. LL.B. (Div. B)	28½ X 28½	812	75.43
105	T.Y. LL.B. (Div. A)	28½ X 28½	812	75.43
106	Moot Court		1300	120.77
	Passage	107½ X 9½	940	87.37
	Staff Room	27 X 16	432	40.13
	Room	10½ X 15	157 ma. Por s San	14.57
		SECOND FLOO	OR Goveli.	te vande

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	Staircase	10 X 13	130	12.07
201	Ladies Common Room	14 X 14	406	37.71
202	Computer Lab	14 X 14	406	37.71
203	Examination Room	14 X 14	406	37.71
204	Class Room	14 X 14	406	37.71
205	Class Room	28½ X 28½	812	75.43
206	Class Room	28½ X 28½	812	75.43
208	F.Y. LL.M.	28½ X 28½	812	75.43
209	S.Y. LL.M.	28½ X 28½	812	75.43
207	T.Y. LL.B.(Div. B)	28½ X 28½	812	75.43
	Passage	107½ X 9½	1021	94.85
	Room	10½ X 15	157	14.57
	Toilet	9 X 28½	256	23.78
	Terrace	110 X 41½	4565	424.10
		PLAY GROUN	D	
	College Front Premise	153 X 200	30600	2842.83
	Garden	19 X 130	2470	229.47
	Road	345 X 10	3450	320.51
	Watchman Cabin	8 X 9 ⁹ "	78	7.24
	Pump house	9 X 5	13	2.78
	S	STAFF QUARTI	ERS	1
	Room No. 01	15 X 22½	337	31.30
	Rest Room	15 X 22½	337	31.30
	Principal Cottage	15 X 22½	337	31.30
	Passage 01	32 X 8	256 South	

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Passage 02	16 X 8	128	11.89
College Canteen	27 X 28½	769	71.44
Toilet	20 X 20	400	38.16
Jeevandeep Yoga Cou	rt 82 X 19	1558	144.74

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B. ICT ENABLED FACILITIES SUCH AS SMART CLASSES, LMS ETC.





4.1.1. B.- PHYSICAL FACILITY:

ICT ENABLED OTHER FACILITY TABLE

SR. NO.	NAME	TOTAL NUMBER
1	Desk-Top Computers	45
2	Server PC	01
3	Printers	03
4	Xerox Machine	02
5	Router	01
6	CCTV Camera	21
7	Laptops	06
8	Projectors	11
9	Scanner	03
10	LCD	02
11	UPS	03
12	Anti-Virus	01
13	Recording Room	01







Classrooms and Seminar halls with ICT- enable facilities such as smart class, LMS, etc.:

SR.	ROOM	NAME OF CLASS ROOMS/SEMINAR	TYPE OF FACILITY
NO.	NO.	HALL WITH LCD/WI-FI/LAN	
		FACILITIES WITH ROOM NUMBERS	
1	101	ICT Classroom	Wi-Fi/CCTV/Projector
2	102	ICT Classroom	Wi-Fi/CCTV/Projector
3	103	ICT Classroom	Wi-Fi/CCTV/Projector
4	104	ICT Classroom	Wi-Fi/CCTV/Projector
5	105	ICT Classroom	Wi-Fi/CCTV/Projector
6	106	Moot Court	Wi-Fi/CCTV/Projector
7	201	Ladies Common Room	Wi-Fi
8	202	Computer Lab.	Wi-Fi/CCTV
9	203	Examination Control Room	Wi-Fi/CCTV
10	204	Electives	Wi-Fi/CCTV
11	205	Electives	Wi-Fi/CCTV
12	206	Electives	Wi-Fi/CCTV
13	207	ICT Classroom	Wi-Fi/CCTV/Projector
14	208	ICT Classroom	Wi-Fi/CCTV/Projector
15	209	ICT Classroom	Wi-Fi/CCTV/Projector





4.1.1.B – PHYSICAL FACILITY FOR TEACHING -LEARNING AND SMART CLASS PHOTOS:-



CLASS ROOM NO. 101



CLASS ROOM NO. 102

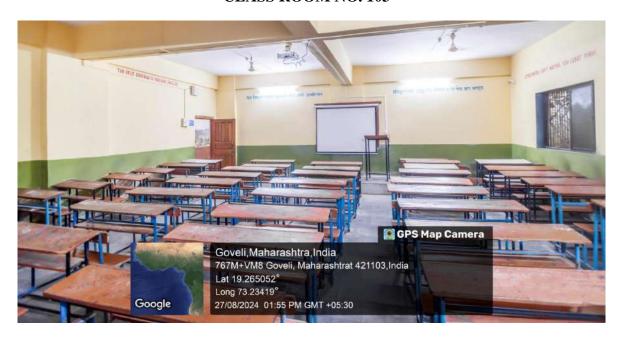








CLASS ROOM NO. 103



CLASS ROOM NO. 104









CLASS ROOM NO. 105

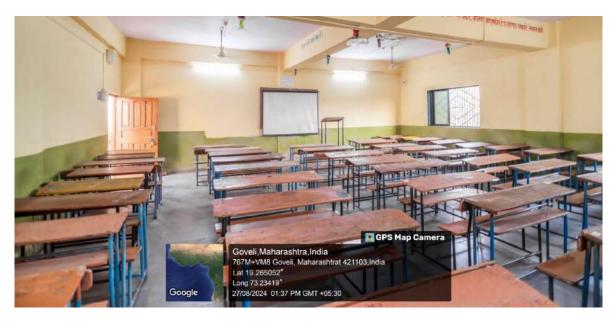


CLASS ROOM NO.207









CLASS ROOM NO. 208



CLASS ROOM NO. 209







4.1.1. C. THE INSTITUTION HAS ADEQUATE FACILITIES FOR CULTURAL ACTIVITIES, SPORTS, GAMES (INDOOR, OUTDOOR), GYMNASIUM, YOGA, AUDITORIUM ETC.-





The Details of the Gym-Khana facilities, Equipment's, & other Aspects are listed further:

Sr. No.	Games	Equipment's
1	Weight Lifting	01 Platform, 150 kg. Barbell Set
2	Power Lifting	02 Scooting Stand, 02 Platforms, 300 kg. Barbell Set, 02 Bar,
	Platform	02 Bench
3	Carom Board	02
4	Chess Board	03
5	Cricket Bat	02
6	Cricket Ball	06
7	Badminton Racket	04
8	Badminton Shuttle	02
9	Discuss Throw	02
10	Stop Watch	02
11	Javelin Throw	02
12	Boxing Punching	01 Pair
	Pads	
13	Rope (Tug of war)	01
14	Volley Ball	04
15	Hand Ball	02
16	Kabaddi Ground	02 Male, 02 Female
17	Kho-Kho Ground	01
18	Badminton Court	01
19	Volley Ball Court	01
20	Hand Ball Court	01
21	Volley Ball Court	01
22	Wrestling	11 Rubber mat, 02 Wrestling Shoos
23	Archery	02 Sets
24	Hammer	02 Male, Female
25	Tennis Bat	04 Sets
26	Tennis Ball	06 Sets
27	Volley Ball Net	02 Sets
28	Hand Ball Net	02 Sets
29	Ball Badminton Bat	04 Sets
30	Fitness Workout	01 Full Workout Machine, 01 Bench, 01 Decline Bench, 05
		Bar, 24 All Plates, 01 Forearms Machine
31	Pistol Shooting	poi's Sancy





THE DETAILS OF THE GYMKHANA:

Gym-Khana Area	60*30
Gym-Khana In-door Games	 Carrom Chess Power Lifting Weight Lifting Wrestling Fitness Work Out
Gym-Khana Out-door Games	 Kabaddi-2 Ground Male/Female Area-Male- 15*12 & Female 15*12Proper Ground-13*10 Kho-Kho- 1 Ground Area-29*18 Proper Ground- 27*16 Cricket Ground-1 (Krida Samkul) Badminton-1 Ground Area-13.40*6.1 mtr Volly Ball-1 Ground Area-18*9 mtr Long Jump Shot Put Javelin Throw Hammer Throw (Open Area) Hand Ball Discus Throw









INDOOR AND OUT DOOR PARTICULARS OF GAMES IN AREA (Sq. Mtr.)

IN-DOOR ACTIVITIES

Sr. No.	Indoor Sports Facilities: 50 x 30 Sq. Mtr.	AREA (Sq. Mtr.)
1	Wrestling	
2	Weight Lifting	15 x15 Sq. Mtr.
3	Power Lifting	10 x 10 Sq. Mtr.
4	Carom/Chess	20 x 20 Sq. Mtr.

OUT-DOOR ACTIVITIES

Sr.	Out-door Sports Facilities: 1500 Sq. Mtr.	AREA (.Sq. Mtr.)
No.		
1	Cricket	65 Sq. Mtr.
2	Hand Ball	800 Sq. Mtr.
3	Volly Ball Court	75 Sq. Mtr.
4	Kho-Kho Ground	430 Sq. Mtr.
5	Kabbadi (Boys)	130 Sq. Mtr.
6	Kabbadi (Girls)	130 Sq. Mtr.
7	Long Jump	400 Sq. Mtr.
8	Badminton	100 Sq. Mtr.

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Date:- 16th December, 2019

NOTICE

All the students of our college are hereby informed that "Jeevandeep Law College" is organized Annual Sports Day from 22/12/2019 to 24/12/2019. Students who are interested in participating can register their name to the coordinator professor Jaikumar Rijhwani Sir till 21/12/2019.

Prizes will be given to first three winners. All the students are expected to participate enthusiastically.

Pevandeep Law College, Goveli Post Rayate, Tal. Kalyan, Dist, Thane - 421301

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Date: 27-12-2019

REPORTS ON ANNUAL SPORTS DAY

Title: Sports Day

Venue: Jeevandeep Law College, Goveli

REPORT:

The Annual Sports Day at Jeevandeep Law College was a spectacular display of athleticism and sportsmanship. Students participated enthusiastically in various sports events, showcasing their talent and dedication. The day was filled with excitement, cheers, and memorable moments, making it a truly unforgettable experience for all involved Principal Dr. Nirmala Mehetre Madam addressed to all Participants. Sports were listed as Short Put, Chess, Disc Throw, Kho-Kho, Cricket, Carom etc.

During Sports days students had enjoyed a lot. At the end Principal Dr. Nirmala Mehetre Madam had distributed the certificates and trophy to the students.

Jeevandeep Law College, Goveli

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Photographs:











Date: 03rd January, 2022

NOTICE

All are hereby inform that We're thrilled to announce an action-packed line up of sporting events happening at "Jeevandeep Law College" is organized Sports from 08-01-2022 to 12-01-22 Students who are interested in participating can register their name to the coordinator professor Jaikumar Rijhwani Sir till 07/01/2022.

Students who are interested, kindly register your name in College staff.

Jeevandeep Law College, Goveli Post Rayate, Tal. Kalyan, Dist, Thane - 421301 Goveli.

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Date:13-01-2022

REPORTS ON ANNUAL SPORTS DAY

Title: Sports Day

Venue: Jeevandeep Law College, Goveli.

Jeevandeep Law College organised its Annual Sports day from 08th January 2022 to 12th January 2022. The event took place on the college ground. Our Principal Dr. Nirmala Mehetre Madam started the event by motivating and riveting the students to participate in

sports.

After the speech games had started. The games were arranged in a sequence so as to avoid

the confusion among the participants. Those who had participated in the games they had

played very well. Our professors had monitored them while playing. At the end of the

annual sports day celebration prizes were distributed to the winners and participated

students.

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Photographs:











Date: 18th February, 2023

NOTICE

All are hereby inform that We're thrilled to announce an action-packed line up of sporting events happening at "Jeevandeep Law College" is organized Sports from 24-02-2023 to 26-02-23 Students who are interested in participating can register their name to the coordinator professor Yogesh Sardar Sir till 23/02/2023.

Students who are interested, Kindly register your name with College staff.

Jeevandeep Law College, Goveli Post Rayate, Tal. Kalyan, Dist. Thane - 421301







Date: 27-02-2023

REPORTS ON ANNUAL SPORTS DAY

Title: Sports Day

Venue: Jeevandeep Law College, Goveli.

Jeevandeep Law College organised its Annual Sports day from 26th February 2023 to 28th February 2023. The event took place on the college ground. The chief guest of the event was President Mr. Ravindra N. Ghodvinde Sir. He did the lightning of Mashal and the function started with few enthusiastic words spoken by President Sir. Students participated enthusiastically in various sports i.e. carom, Sack race, Short Put, Chess and Disc Throw etc.

The college had provided a snacks and energy drinks to the students and simultaneously our professors cheers them and motivated them to perform and win. At the end students were very happy and thankful to college and Principal Mr. Jaikumar Rijhwani Sir.









Photographs:































THE DETAILS OF MOOT COURT:

The **Jeevandeep Law College**, **Goveli** has Moot Court facility within a college campus serves as a cornerstone for legal education, offering students a platform to hone their advocacy skills, simulate real-world legal scenarios, and cultivate a deeper understanding of the law. This draft outlines a comprehensive strategy to enhance the Moot Court facility, ensuring it aligns with the evolving needs of legal education and provides students with an immersive learning experience. Legal education is not merely confined to textbooks and lectures; it thrives on practical application and experiential learning. One quintessential aspect of legal training is moot court competitions, which simulate courtroom proceedings and provide students with a platform to hone their advocacy skills. However, the effectiveness of moot court programs often hinges on the availability and quality of dedicated facilities. Hence, the establishment of a college moot court facility is not just an amenity but a necessity for enriching legal education.

MOOT COURT AREA:-

Sr. No.	Moot Court Facilities:	AREA (Sq. foot.)
1	Bench Area/ Presiding Officers Desk	300
2	Open court area	1000

MOOT COURT EQUIPMENT:-

Sr.	MOOT COURT EQUIPMENT	TOTAL NUMBER
No.		
1	King size chairs	03
2	Clerk Table	02
3	Gavel	01
4	Desk Top Computer	03
5	Printer	01
6	Witness Box	02
7	Projector	01
8	WI-FI Facilities	01
9	Chairs	30
10	Bell	03
11	Advocates Desk	02 Soveli

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Moot Court

Date – 29th April, 2019

Notice

This is to inform all students of LL.B. that Jeevandeep Law College is organizing Moot Court Competition on 5th June, 2019. Students who are interested kindly register your team by 4th May, 2019. For any other queries, doubts and submission of your memorial kindly mail at jeevandeeplawcollege@gmail.com.

Kindly, adhere to the deadlines and guidelines with regard to the moot court.

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Report on Moot Court Competition

The Moot Court Competition held on 5th June, 2019 was an engaging and intellectually stimulating event where students showcased their advocacy skills in court room environment. The competition was structured to stimulate a real appellate court proceeding, with teams arguing both sides of hypothetical legal case.

The competition comprised several rounds including preliminary rounds, semi final and final round. Each team was required to prepare written submission (Memorial) and delivered oral arguments before panel of judges composed of legal professional and academics. Judges evaluated the team based on criteria such as legal analysis and clarity of argument.

At the conclusion of the competition, awards were presented to the teams and individuals who excelled in various categories including Best Memorial, overall team performance. Thus, Moot Court Competition proved to be a platform where participants showcased their advocacy skills.

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29-04-2023

Notice

This is to inform all students of LL.B. that Jeevandeep Law College is organizing Moot Court Competition on 4th May, 2023. Students who are interested kindly register your team by 3rd April, 2023. For any other queries, doubts and submission of your memorial kindly mail at jeevandeeplawcollege@gmail.com.

Kindly, adhere to the deadlines and guidelines with regard to the moot court.









Report on Moot Court Competition

The Moot Court Competition held on 4th May, 2023which proved to be a stimulating event where students showcased their advocacy skills. The Moot Court Competition was structured to stimulate real court room experience where teams argued hypothetical legal cases.

The report detailed about the proceedings, participant performances and the overall impact of the event on the participants and audience. This competition had several rounds starting with preliminary rounds and culminating in a final round that showcased the team's advocacy skills.

Teams prepared written submissions (memorials) and presented oral arguments before a panel of judges comprising legal professionals and academics. Each team had argued both sides of the case during different rounds. Oral presentations were marked by clear articulation of arguments.

Awards were presented to recognize outstanding performances including Best Memorial and overall best team. These awards not only acknowledged individual and team achievements but also motivated participants to strive for excellence in legal advocacy.

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MOOT COURT PHOTOS:











THE DETAILS OF LEGAL AID CLINIC:

The **Jeevandeep Law College, Goveli** has Legal aid clinic duly inaugurated by former Education minister of Maharashtra state namely **MR. CHANDRAKANT DADA PATIL** to serve as vital platforms where law students, under the supervision of experienced attorneys, Advocates provide free legal assistance to rural & underserved communities. The establishment of a legal aid clinic within a college not only enriches the educational experience of students but also fulfils a crucial societal need for accessible legal services.

LEGAL AID CLINIC AREA:-

Sr. No.	Legal Aid Clinic Facilities:	AREA (Sq. foot.)
1	Consulting Room	75
2	Office Room	75

LEGAL AID CLINIC EQUIPMENT:-

Sr.	LEGAL AID CLINIC EQUIPMENT	TOTAL NUMBER
No.		
1	Legal Aid Register	01
2	Desk	02
3	Chairs	10
4	Computer	01
5	Printer	01
6	Bell	02
7	Wi-Fi Facility	01







LEGAL AID CLINIC PHOTOS:-

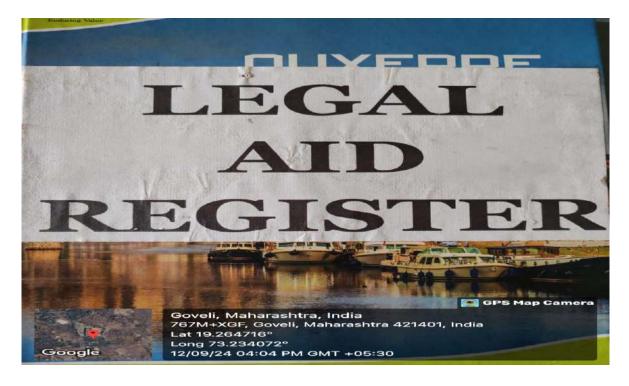












LEGAL AID REGISTER







THE DETAILS OF YOGA CENTER:-

The **Jeevandeep Law College, Goveli** has Yoga Centre. Cause, In recent years, the practice of yoga has gained widespread recognition for its holistic benefits on physical, mental, and emotional well-being. Integrating a yoga center within college campuses offers students, faculty, and staff a valuable resource for stress relief, fitness, and mindfulness.

YOGA CENTER AREA:

Sr. No.	Yoga Center Facilities:	AREA (Sq. foot.)
1	Jeevandeep Yoga Court	500

YOGA CENTER EQUIPMENT:-

Sr. No.	YOGA CENTER EQUIPMENT	TOTAL NUMBER
1	Yoga Mat	60









YOGA AND MEDITATION

(2020-21)

TIME-TABLE

Date	Time (am)	Topics
15/06/2020	7:00 to 10:00	
16/06/2020	7:00 to 10:00	Topics as per syllabus will be
17/06/2020	7:00 to 10:00	completed
18/06/2020	7:00 to 10:00	
19/06/2020	7:00 to 10:00	
20/06/2020	7:00 to 10:00	

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Yoga & Meditation SYllabus

Demonstration Skills:

1 Prayer

- Concept and Recitation of Pranava
- Concept and Recitation of Hymns
- Selected universal prayers, invocations and Nishpatti Bhava.

2. Yogic Shat Karma

- Neti: Sutra Neti and Jala Neti
- Dhauti: Vamana Dhauti (Kunjala)
- Kapalabhati (Vatakrama)

3. Yogic Sukshma Vyayama

- Neck Movement Griva Shakti Vikasaka
- Shoulder Movement
- Trunk Movement
- Knee Movement

4 Yogic Surya Namaskara with Mantra

- Pranayama
- Yoga Mudra
- Yoga Nidra
- Practice of Dhyana







Date: - 23/06/2020

REPORT ON HEALTH, HYGIENE AND YOGA

• Title: "Health and Hygiene"

• Venue: Jeevandeep Law College, Goveli

• Name of Resource Persons: Vijay Kukreja Sir, Nikita Shelar madam

Objectives of Seminar: -

o Balanced diet

- Personal hygiene
- o Community hygiene
- o Washing hand

Brief Report:

Jeevandeep Law College, Goveli, had organized yoga Health and Hygiene Session" in collaboration with "Arogya Yoga and Naturopathy Institute" affiliated with Trinetra Insight Foundation online dated 15/06/2020 to 20/06/2020. Vijay Kukreja sir, Nikita Shelar madam, taught the students how to maintain health and hygiene in covid. During the covid this session plays important role in maintaining day to day life because if you want to stay away from covid virus so you have to maintain health and hygiene. These were the few points they had discussed.

- o Washing hands before and after eating.
- o Breathing exercise.
- o Protein- rich diet.
- o Maintain distance from the others.
- o Do not need to go outside without any genuine reason
- Pranayams etc.

Outcomes of Seminar:

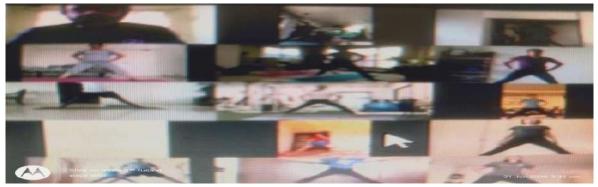
- Students got aware about how to maintain hygience.
- What kind of precautions are necessary for health
- **Participation of student: 39**
- Photograph

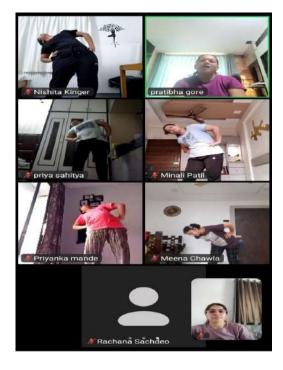




















Date: 12th February, 2022

NOTICE

All the students are hereby informed that there will be held a Certificate Course on "Stress Management Through Yoga" from 21/02/2022 to 26/02/2022 at 7:00am to 10:00am. The certificate are provided by "Arogya Yoga And Naturopathy Institute" affiliated with Trinetra Insight Foundation. The details of the program given below:

Date :- 21/02/2022 to 26/02/2022

Venue :- Ulhas River, Ulhasnagar and Jeevandeep Law College

Time: 7:00am to 10:00am

Goveli.
Po. Rayate
Tal. Kalyan
Dist. Thane
421301

Jeevandeep Law College, Goveli Post Rayate, Tal. Kalyan, Dist, Thane - 421301





YOGA AND MEDITATION (2021-22)

TIME- TABLE

Date	Time (am)	Topics
21/02/2022	7:00 to 10:00	
22/02/2022	7:00 to 10:00	
23/02/2022	7:00 to 10:00	2 days outdoor session and after that in class room
24/02/2022	7:00 to 10:00	Topics covered as per syllabus will be completed
25/02/2022	7:00 to 10:00	
26/02/2022	7:00 to 10:00	







Yoga & Meditation Syllabus

Introduction Of Yoga

- Origin of Yoga Different Paths of Yoga
- Samkhaya Darshan
- Vedanta Darshan
- Obstacles in Yoga

Ashtanga Yoga (8 Limbs)

- Yama
- Niyama
- Asana
- Pranayama
- Pratyahara
- Dharana
- Dhyana
- Samadhi

Hatha Yoga

- Panch Kosha
- Annamaya Kosha
- Pranamaya Kosha
- Manomaya Kosha
- Jnanamaya Kosha
- Anandamaya Kosha







Date: - 28/02/2022

REPORT ON STRESS MANAGEMENT THROUGH YOGA

Title: "Stress Management Through Yoga"

• Venue: Ulhas River, Ulhasnagar

• Name of Resource Persons: Prof. Mohnish Deshmukh

Objectives of Seminar: -

- o Breathing in fresh air
- o Enjoy the nature.
- o Remove inability to sleep
- o Stomach upset.
- o To keep away anger, frustration

• Brief Report:

On 28th February, 2022 Jeevandeep College of Law had conducted a Outdoor Yoga session for 2 days here they explain how to be fit after lots of stress through yoga. College bought our students outside near the Ulhas River for yoga.

Before the demonstration, Prof. Mohnish Deshmukh sir explained the students what is the meaning of yoga and how to manage stress by performing yoga. Then sir started demonstrated Pranayams and performed multiple Asanas. Students also started following the sir.

After 2 days outdoor session students are attained further 3 days in classroom and had done course completion students were joined in college auditorium hall and completed their course.

Outcomes of Seminar:

- Everyone feels rejuvenate while performing yoga.
- After yoga session students started roaming near the river.
- Students enjoyed a lot nature.
- Multiple yoga taught in college auditorium hall.
- Participation of student: 42







Photograph











THE DETAILS OF CULTURAL FACILITIES:

The **Jeevandeep Law College**, **Goveli** has spacious auditorium and equipment for cultural activities. Generally, Colleges are microcosms of cultural diversity, with students representing a myriad of backgrounds, beliefs, and traditions. Cultural facilities provide platforms for dialogue, celebration, and cross-cultural understanding, enriching the collegiate experience. Artistic expression fuels innovation and inspires critical thinking. By offering access to creative resources, such as theaters, art studios, and performance spaces, colleges nurture the artistic talents of students and faculty, fostering a culture of innovation and experimentation. Cultural facilities serve as focal points for community building and identity formation. Students find belonging and connection through participation in cultural clubs, events, and activities, cultivating a sense of pride in their heritage and contributing to the vibrancy of campus life.

CULTURAL AUDITORIUM AREA:

Sr. No.	Cultural Facilities:	AREA (Sq. foot.)
1	Auditorium	3306

CULTURAL EQUIPMENT:

Sr.	CULTURAL EQUIPMENT	TOTAL NUMBER
No.		
1	Harmonium	1
2	Dolki	1
3	Tablaa	1
4	Taal	2
5	Zhanj	1
6	Music/Sound System	01
7	Projector	01 Stan Poi's Sancha
8	Chairs	200 Goveli





Date:11th February, 2023

NOTICE

All the students are hereby informed that "Jeevandeep Law College" is celebrating "Freshers Party" on 18/02/2023 from 10:30am Onwards. Interested students can give their names for speech.

Students should be present for the celebration. Kindly make a note for the same.

Principal
Jeevandeep Law College, Goveli
Post Rayate, Tal. Kalyan, Dist. Thane - 421301







Date: 20-02-2023

REPORT ON FRESHER'S PARTY

Title: Fresher's Party

Venue: Jeevandeep Law College, Auditorium

REPORT:

The Department of Law had organized a 'Fresher's Party' to welcome the students in the new academic year. It was held on 18th February, 2023 for the students of Law batch 2022-23 in the college auditorium. It was organized by the seniors, the students of Law actively participated to make the event a grand one. The event starts at 10:00 a.m.

The event started off with the prayer song and the lighting of the lamp by the faculty. The seniors performed a welcome Song. To keep the students entertained, fun activities and games were hosted. The fresher's introduced themselves in the introduction round. The event was winded up with the distribution of refreshments for the fresher's and a photo session with the faculty. The event was enjoyed by the fresher's as well as the seniors.

The fresher's thanked their seniors and staff for hosting a wonderful event which they will cherish forever.

Principal
Jeevandeep Law College, Goveli
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Photographs:











